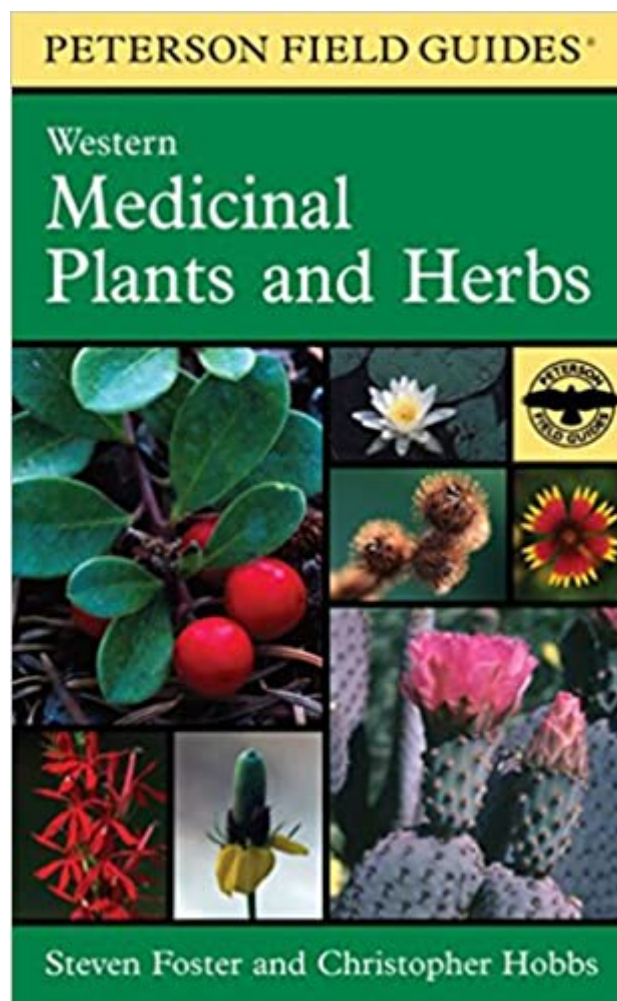




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A Peterson Field Guide To Western Medicinal Plants And Herbs (Peterson Field Guides)



Synopsis

This guide is the most complete work ever written on the medicinal plants of western North America. It offers the best information in the world on the current popular and traditional uses of the nearly 500 species covered, much of it available for the first time. More than 530 color photographs illustrate the plants and their flowers, leaves, and fruits. The descriptive text combines scientific, ethnobotanical, and cross-cultural information, making this field guide unique. An index to medical topics is helpful for quickly locating information on specific ailments. Symbols next to the plant descriptions provide quick visual warnings for poisonous and allergenic plants. Organized by flower color for fast identification, this guide is an essential aid to appreciating native plants and the wild areas they inhabit.

Book Information

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Customer Reviews

With more than 40 years of experience in the herbal field, Steven Foster is author, co-author, and photographer of seventeen books. He lives in Eureka Springs Arkansas, in the heart of the medicinal plant-rich Ozarks. Roger Tory Peterson, one of the world's greatest naturalists, received every major award for ornithology, natural science, and conservation as well as numerous honorary degrees, medals, and citations, including the Presidential Medal of Freedom. The Peterson Identification System has been called the greatest invention since binoculars. These editions include updated material by Michael O'Brien, Paul Lehman, Bill Thompson III, Michael DiGiorgio, Larry Rosche, and Jeffrey A. Gordon.

Miscellaneous Showy Flowers

Great Book with good photos and descriptions of use, which parts of the plants are used for what, and SPECIAL WARNINGS in warranted. Coming from the woods of Indiana, the use of common plants for teas and medicine was a common practice in our family. Now living in Wyoming, this book is a great resource for this region.

The book is ok for references about plants you already know. It is not organised in way to ID plants you don't know. The pictures are small and sometimes low quality.

Small compact design makes the book easy to carry. The book is written clearly and concisely, and the photos are clear and helpful. The organization of the plants by color makes everything easy to find.

Fantastic info and images. Can't wait to take it into the field. I know a lot about native plants, but it was great to get this new perspective.

I am still exploring this book. I really like it. The format is great.

Easy to carry and look up plants.

Like it!

good

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